

# Adult Guide to Learning Opportunities



Welcome to Girl Scouts of Western Washington! We are glad you have chosen to volunteer to make a difference in a girl's life.

**How to register for an event:**

Please visit [www.girlscoutsww.org](http://www.girlscoutsww.org) and log in to your MyGS account.



This symbol indicates an Online Learning Opportunity. Go to [www.girlscoutsww.org](http://www.girlscoutsww.org) & search for Online Learning



This symbol indicates a Regional Workshop Request course. Go to page 17 for more information on how to schedule a workshop in your region!

**Questions about Learning Opportunities?**

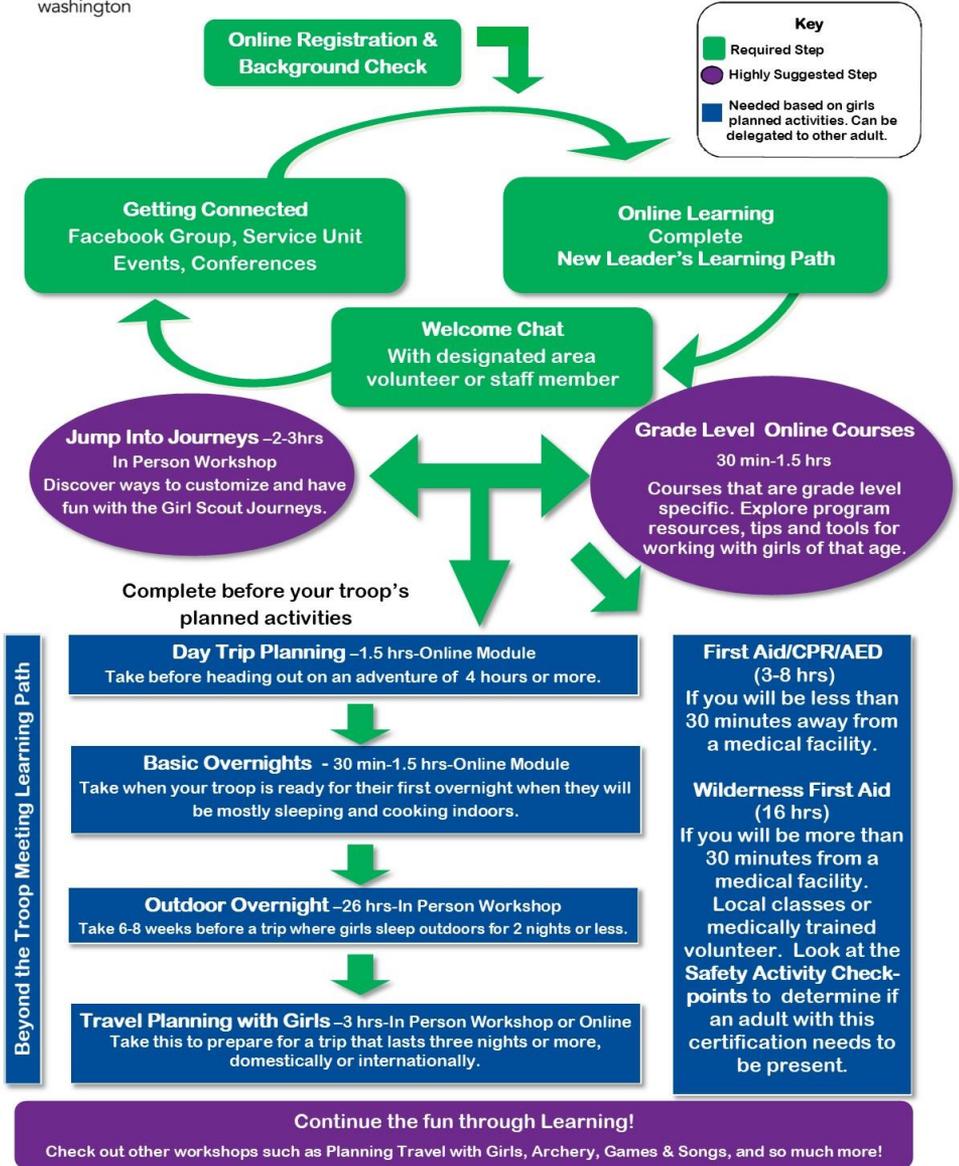
**Contact us!**

[customercare@girlscoutsww.org](mailto:customercare@girlscoutsww.org)

1(800) 541-9852

Adult Guide to Learning Opportunities provided by the Learning Department 2019

# Troop Leader Progression



# Troop Meetings

Ready to begin your new adventure into the world of Girl Scouts? Your journey starts here!

## **The New Leader's Learning Path**

Get ready! Get set! Go! This learning opportunity covers the basics: how to get your troop started, finding a meeting site, what a meeting looks like, banking, family involvement and working with your co-leader. It also includes the **GSUSA Successful Leader Learning Series** which covers the Girl Scout Leadership Experience and other foundations of Girl Scouting. It is offered as a series of online courses.

- **Prerequisite:** None
- **Fee:** None
- **Time:** approx. 2 hours



## **Grade Level Modules**

Not sure what to do with your Daisies? Need help understanding how best to run a meeting for Brownies? Then these Grade Level Modules are exactly what you're looking for!

- **Prerequisite:** None
- **Fee:** None
- **Time:** approx. 1 hour



When you complete an online course, be sure to complete the assessment at the end, if there is one, and click exit. It's how you get credit and how the system tracks your learning!  
All of your learning history is saved in gsLearn.

## **Jump into Journeys**

A hands-on sampler for supporting girls of any age along their “journey” activity path. You’ll have a chance to work with the resources, try out some activities and see how you can customize the journey for your girls. Jump on and have some fun!

- **Prerequisite:** *New Leader’s Learning Path*
- **Fee:** None
- **Time:** 2 hours



## **Outdoor Progression, Troop Camping & Weekend Camps**

Are your girls ready to step outside the meeting place? Are you ready to get your girls out there? Once you, a co-leader or an interested parent completes the required parts of the Beyond the Troop Meeting Learning Path (Outdoor Progression), you and your troop can rest easy knowing you have the skills needed for a great experience!

## **Day Trip Planning**

Dive into the world of “girl-led”! Learn how to work with your girls to plan, experience and reflect on their next adventure. Review age-level progression, necessary administrative steps and local resources. Qualifies participants to take girls on day trips of 4 or more hours, but not overnight. This workshop is completed as an online course.

- **Prerequisite:** *New Leader Learning Path*
- **Fee:** None
- **Time:** approx. 2 hours



## Basic Overnights

Does your troop want to go on an overnight for the first time, either inside or close to home? Complete this online learning course to get prepared and have fun! It's a great course to take three months before your overnight!

- **Prerequisite:** *Day Trip Planning*
- **Fee:** None
- **Time:** 30 min-1.5 hours



## Outdoor Overnight\*

Your girls are ready for the great outdoors. This workshop will help you gain the skills and knowledge needed to help the girls plan a successful outdoor experience. This workshop is an outdoor overnight for 1 or 2 nights. It should be taken at least 2 months prior to your troop's planned activity.

- **Prerequisite:** *Day Trip Planning & Basic Overnights*
- **Fee:** Varies
- **Time:** 2 days, 1 night

Offered every month  
of the year except  
December &  
February

### \*Outdoor Overnight Equivalency

Are you an outdoor enthusiast? Do you have years of experience working outside at camps with children? Then you would be a *perfect* candidate for Outdoor Overnight Equivalency. Register online to complete the online assessment, and if your experience meets expectations, you will be matched with a coach!

## **Build Your Outdoor Skills**

This 6 hour workshop will help you to sharpen your skills in knots, charcoal cooking and building a kitchen fly and then share those skills with your girls.

- **Prerequisite:** *Outdoor Overnight* is suggested, but not required
- **Fee:** \$10-\$15
- **Time:** 6 hours for full workshop



## **First Aid, CPR and AED**

Emergencies require prompt action and quick judgment. For many activities, Girl Scouts recommends that at least one adult volunteer be First Aid/CPR certified. Council provided courses are available at our Saturday Conferences (see back page) or you can take advantage of local options.

**Please note:** First Aid/CPR training that is entirely completed online does NOT satisfy Girl Scouts requirements.

### **First Aid/CPR /AED**

This course varies in length and may include an online portion.

- **Prerequisite:** 16+ years old
- **Fee:** varies
- **Time:** varies

Offered at Northern Lights, Super Saturday & The Big Deal.

## Wilderness First Aid

Wilderness First Aid is focused on injuries and emergencies related to backpacking, canoe trekking and other trips into remote areas. An adult with this certification is required for all activities that are 30 minutes or more away from emergency medical services. This course is 16 hours and all three days are required to pass.

- **Prerequisite:** Current CPR/AED certification, adults
- **Fee:** Varies
- **Time:** 3 days, 2 nights

Offered at Fall Experience & Outdoor Learning Weekend.

## Ongoing Learning for Adults

### Travel Planning For Trip Advisors

Congratulations! You've stuck with those girls as an advisor, and now it's your turn to nurture their Big Trip dream. Take a deep breath and learn your role in supporting THEIR research, planning, money earning and safety – international, back country or close to home. (This workshop is also available as an online course).

- **Prerequisite:** *Basic Overnights*
- **Fee:** \$10
- **Time:** 3 hours



## Event Planning

Learn about timelines, checklists, marketing strategies, finance, logistics, safety, working with a leadership team and developing a quality program. A great workshop for adults and older girls who will be part of an event team. *Strongly recommended for volunteer camp directors.*

- **Prerequisite:** None
- **Fee:** \$10
- **Time:** 3 hours



## GIRL Led

This in person workshop will explore the world of “girl-led” and assist you with helping build girls of courage, confidence, and character. Learn what a progression in girls’ leadership looks like. Understand and demonstrate steps of an activity cycle and how it can differ and vary based on girl involvement. This workshop will provide you with the tools to decide how much involvement is needed from the girls over each step (planning, doing, reflecting) for their upcoming adventure. By the end of the workshop you will have an array of tools to help girls run and lead an activity.

- **Prerequisite:** None
- **Fee:** varies on conference
- **Time:** 3 hours

Offered at some 2019 -  
2020 Learning  
Conferences.

# Preparation for a New Position

## **Service Unit Manager Workshop**

Gain an understanding of leadership and management skills, team and community building, and the steps involved in providing effective support to troop leaders.

- **Prerequisite:** Service Unit Manager Orientation
- **Fee:** None

Offered in the late summer and early fall

## **Planning Weekend Camps**

This is a great workshop for anyone who is part of a planning team for a weekend camp or similar event. There will be time for your team to work together during the workshop, so consider bringing other team members.

- **Prerequisite:** Event experience helpful
- **Fee:** \$10

Offered at Fall Experience, Northern Lights, South Region Conf. & The Big Deal.

# Additional Certifications

## **Archery**

Become a National Certified Basic Archery Instructor, as you learn the basics.

- **Prerequisite:** Adult
- **Fee:** varies
- **Time:** 1 day

Offered at Fall Experience & as a standalone in the spring.

## Quantity Cooking

Learn to prepare quality meals for large group events while working effectively in a commercial kitchen. This course qualifies adults to use council commercial kitchen facilities. Be prepared to be cooking and on your feet most of the weekend.

- **Prerequisite:** Adult; current Food Handlers Permit
- **Fee:** \$50
- **Time:** 3 days, 2 nights

Offered at Fall Experience & Outdoor Learning Weekend.

## Small Craft Safety – Canoe, Row Boat and/or Kayak

This workshop is focused on safety skills for boating and does not teach the participant how to use the craft. All participants must pass a boating skills verification, demonstrating ability to maneuver the craft and swim test, including treading water for 1 minute and swimming 25 yards, fully dressed, to become certified. This workshop also includes a Basic Water Rescue portion that qualifies the participant to be the safety person for creek walking in GSWW.

- **Prerequisite:** Adult & girls over 18
- **Fee:** \$45
- **Time:** one day w/ online pre-work

Offered in the spring & summer.

# **Diversity, Equity & Inclusion**

Diversity and equity are core values of Girl Scouts of Western Washington. We aim to empower every girl—girls of every race, ethnicity, socioeconomic status, sexual orientation, ability, gender identity, religion, or geographic location—to make the world a better place. We're investing in continuing education for our volunteers on issues of cultural competency, structural racism, white privilege, and other topics related to equity.

## **DEI 101: Diversity, Equity & Inclusion**

Everyone is unique and has special gifts to offer! Let's celebrate the beauty of diversity together in this course, which explores the basic principles for celebrating diversity, creating equity and promoting inclusion with your girls. **Webinar.**

- **Prerequisite:** None
- **Fee:** \$0
- **Time:** varies

New Online Curriculum!  
Please check website for  
times and dates beginning  
in October 2019-2020.

## **Social Explorer: Examining Your Own Socialization**

In this session, we'll explore and examine the differences and patterns of behaviors, social norms and cultural practices that communities adopt because of family and social systems. **Webinar.**

- **Prerequisite:** None
- **Fee:** \$0
- **Time:** varies

## **Identity & Interactions: Exploring Privilege and Microaggressions**

Review and reflect on the varying ways that yourself and others may “show up”. Participants will compare and contrast examples and scenarios of intent vs. impact. **Webinar.**

- **Prerequisite:** None
- **Fee:** \$0
- **Time:** varies

New Online Curriculum!  
Please check website for  
times and dates beginning  
in October 2019-2020.

## **Disrupting Dialogues: Managing Conversations with Youth about Race**

Examine strategies and application of navigating conversations about race with children and youth of all ages. Participants will develop the skills and gain access to tools on how to respectfully create teachable moments and creating a counter narrative for common stereotypes. **Webinar.**

- **Prerequisite:** None
- **Fee:** \$0
- **Time:** varies

## LGBTQ+ Workshop

People who identify as LGBTQ face prejudice, assumptions and oppression based on their identity. GSWW is committed to safety, fairness, and dignity for all. In this curriculum we will focus on becoming an ally to anyone who identifies as someone in the LGBTQ community.

- **Prerequisite:** None
- **Fee:** varies on conference
- **Time:** 3 hours

New Curriculum! Offered in 2019-2020 at Learning Conferences.

## Intercultural Competency

This curriculum will help to develop and introduce the foundations of diversity, equity and inclusion at Girls Scouts of Western Washington. Gain an increased understanding of multiple identities and their relationship to systems of privilege. Learn ways to be an ally.

- **Prerequisite:** None
- **Fee:** varies
- **Time:** 3 hours

Offered at these 2019-2020 conferences:  
Fall Experience, Northern Lights, South Region & The Big Deal.

# Workshops Just for Girls

## **Travel Planning for Teens**

Congratulations! You've stayed in Girl Scouts and now, as an older girl, it's time to take that Big Trip to somewhere YOU choose! Learn how to put all those ideas into an action plan to get you there. We'll discuss it all from deciding where to go to how to pay for it. Start saving!

- **Prerequisite:** Girls entering 6<sup>th</sup>-12<sup>th</sup> grades in the fall
- **Fee:** \$10
- **Time:** 3 hours



## **Babysitting Certificate**

Get the knowledge and the certification to provide safe, quality childcare. Girls will learn and practice first aid and CPR for young children in a hands-on setting. Workshops are offered in a variety of formats.

- **Prerequisite:** None
- **Fee:** \$50
- **Time:** varies

Offered at various conferences. Check website for dates and locations

## **First Aid/CPR**

Update or learn these important skills so you can do your part in keeping everyone safe. Workshops are offered in a variety of formats.

- **Prerequisite:** None
- **Fee:** Varies
- **Time:** varies

Offered at Fall  
Experience, Northern  
Lights and The Big  
Deal.

## CONFERENCES

Attend one of our many conferences and participate in a variety of workshops and learning opportunities.

### **Fall Experience**

October

Camp River Ranch; Carnation

### **Northern Lights**

November

Mt. Vernon

### **South Region Conference**

November

Chehalis

### **Super Saturday**

November

Poulsbo

### **The Big Deal**

January

Federal Way

### **Outdoor Learning Weekend**

March

Camp Robbinswold; Lilliwaup



FOR MORE INFORMATION:

Go to: [www.girlscoutsww.org](http://www.girlscoutsww.org)

Search for: *Conferences*



## Regional Workshop Requests



You know best what workshops your service unit needs and when people can attend! We've created a Regional Workshop Request form for you to let us know what's needed and when. Service Unit Managers and Volunteer Support Managers can use this form to request a workshop for your volunteers. The Learning Department may be able to add one for you! Please submit a separate form for each workshop requested.

- Before filling out this form, [check our council calendar](#) to see if any workshops are already scheduled.
- Submit your request form at least six weeks before you'd like the workshop.
- Find a suitable site in your community that could be used for the workshop.
- Guarantee at least six volunteers or girls can attend. If a minimum is not reached, the workshop may be cancelled.
- If you have questions about this form, [email us](#) at Learning@GirlScoutsWW.org



FOR MORE INFORMATION:

Go to: [www.girlscoutsww.org](http://www.girlscoutsww.org)

Click on: *Volunteers > Volunteer Learning & Scroll to bottom*

# Outdoor Specialist Progression

An Outdoor Specialist is a volunteer who works with the troop on their outdoor adventures and does not have to be the troop leader.

**Key**

- Required Step
- Required based on planned activities.
- Required based on planned activities. Can be delegated to other adult



**Online Registration & Background Check**



**First Aid/CPR/AED**  
(3-8 hrs)  
If you will be less than 30 minutes away from a medical facility. Available in a variety of formats. (100% online courses are not acceptable.)

**Wilderness First Aid**  
(16 hrs)  
If you will be more than 30 minutes from a medical facility. Local Classes or Medically Trained volunteer. Look at the Safety Activity Checkpoints to determine if an adult with this certification needs to be present.

Beyond the Troop Meeting Learning Path

**Online Learning Courses**  
Complete the following courses: Girl Scout Program, Volunteer Essentials, and Safety Activity Checkpoints\*  
The Beyond the Troop Meeting Learning Path in gsLearn contains these courses. \*\*

**Day Trip Planning -1.5 hrs**  
Online Module  
Take before heading out on an adventure of 4 hours or more, and learn how to be more Girl-led throughout the planning process.

**Basic Overnights - 30 min-1.5 hrs**  
Online Module  
Take when your troop is ready for their first overnight when they will be mostly sleeping and cooking indoors.

**Outdoor Overnight -26 hrs**  
In Person Workshop  
Take this workshop 6-8 weeks before a trip where girls will sleep outdoors for 2 nights or less.

\*\* If you are a Troop Leader, you have access to gsLearn and can begin the **Beyond the Troop Meeting Learning Path**. If you are not a Troop Leader, contact Customer Care at 1(800)541-9852 for access to the needed online courses.

**Continue the fun through Learning!**  
Check out other workshops such as Planning travel with girls, Archery, Games & Songs, and so much more!

## Connect with other Troop Leaders on Facebook!

The Learning Department works with volunteer moderators to create vibrant Facebook communities where you can ask questions, post suggestions and connect with other Girl Scouts of Western Washington volunteers!



To find the groups, log into your Facebook account and search for one or both of these groups.

[Daisy-Brownie Leaders | Girl Scouts of Western Washington](#)

[Junior-Ambassador Leaders | Girl Scouts of Western Washington](#)

When you find it, click on JOIN GROUP and, once you're approved, you can start posting, learning and chatting with other leaders!