

# Girl Scout Ready

## Self-Screening Tool

### Are you/your Girl Scout Girl Scout Ready?

You/your Girl Scout are Girl Scout Ready if:

- You/your Girl Scout have a mask (spare is encouraged!) and sanitizer (optional).
- You/your Girl Scout understand what 6 feet of social distance looks like.
- You/your Girl Scout have your emergency contact information on hand.

You/your Girl Scout are Girl Scout Ready if you can answer **no** to all the following questions:

- In the last 72 hours, have you/your Girl Scout experienced any of the following new symptoms that cannot be attributed to another health condition or specific activity such as physical exercise?

Fever	Fatigue	Nausea or vomiting	Shortness of breath
New cough	Sore throat	Difficulty breathing	Muscle or body aches
Diarrhea	Runny nose	Congestion	New loss of taste/smell

- Have you/your Girl Scout had contact with any confirmed COVID-19 positive patients in the last 14 days?
- Have you/your Girl Scout had a public health or medical professional tell you to self-monitor, self-isolate, or self-quarantine because of concerns about COVID-19 infection?



If you answered **yes** to any of the above health check questions, please follow [CDC guidelines](#) for symptoms and exposure or follow up with a medical provider.

You/your Girl Scout are Girl Scout Ready if you/your Girl Scout agree to:

- In the event of a positive COVID-19 test result, I will notify Girl Scouts of Western Washington.
  - Phone: 800-541-9852 | 9:00 AM - 5:00 PM
  - Email: [customercare@girlscoutsww.org](mailto:customercare@girlscoutsww.org)
  - After Hours COVID-19 Exposure: 800-303-9963

# Girl Scout Ready Sign-in Sheet

First Name	Last Name	Emergency Contact #	Are you Girl Scout Ready?	Signature	Date
			<input type="checkbox"/> Yes <input type="checkbox"/> No		
			<input type="checkbox"/> Yes <input type="checkbox"/> No		
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**Event:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Lead Facilitator:** \_\_\_\_\_

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