

Exploring One's Culture Spotlight Strategies

Who Am I?

On a large sheet of paper, draw or trace your girl scout's body. Have them fill it in with words and pictures that represent who they are — their own personal culture. Compare and contrast responses. This helps them to understand that no matter what people look like they all have similarities — and differences.

It's All About Me

Have each girl scout make a booklet or poster decorate them ribbon, stickers, etc. Each should highlight things about themselves that makes them special and unique. Can they do something that not many people can do? What is their favorite place to dream about? What is their favorite color, favorite sport, food, etc.? Share with the troop when done or swap books with someone else in the troop and then introduce each other to the troop using the information in their book.

What's In a Name?

Have each of your girl scouts research and share their naming story and/or the origin or meaning of their name. Traditions can vary widely by culture. It is possible you will have a girl scout who is unable to do this activity. A possible substitution activity would be to see if there are notable people who share the name.