



## Lesson Title

# Sunny—Friendly and Helpful Petal

## Lesson Overview:

In this lesson, Daisies will work on their Friendly and Helpful (yellow) petal.

- Talk about what it means to be friendly and helpful.
- Read or Watch Video on being Friendly and Helpful.
- The Daisies will then practice how to be friendly and helpful with an at home activity.
- Flower Color Sheet do at home.



## Petal/Try It/Badge

Earn your yellow petal; Friendly and helpful



## Lesson Time

30 minutes



## Girl-Led Component

Asking each Girl Scout questions about how they were friendly and helpful this week.



## Special Needs

N/A



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## Lesson Delivery

- Greet Daisies and say the Girl Scout promise and law. (5 min)
- Ask for examples of times when Daisies have been friendly and helpful (10-15 min)
- Read/watch *Be Kind*.
- Explain the activity for today will be creating a piece of art by using a fork. They will use the fork to paint their own sunny the sunflower picture. When they are finished with their picture they are to draw or write 2-3 examples of why they are friendly and helpful to share with other Girl Scouts.
- Explain the color sheet activity. Each time your Girl Scout does a friendly or helpful task they can fill out one of the petals on the flower with items of their choice. For example; they are kind to their little sibling so they fill in one petal with unused popcorn, beans, rice or just color the petal with a marker.
- Pass out Materials (5 min)

## Materials Needed

- Book: *Be Kind* by Pat Zietlow Miller **OR**
- <https://www.youtube.com/watch?v=kAo4-2UzgPo&t=189s>
- Paper
- Paint Colors: yellow, orange, brown, green paint  
*Optional: Markers or Crayons*
- Paint Brushes
- Fork
- Tablecloth for underneath paintings to protect table
- Flower color sheet template
- Uncooked popcorn, rice, beans, markers, and crayons



# Flower Friends



