



Make-it Monday

Pressed Flower Decoration

This craft takes a little time and some prep, but they turn out beautiful and add color to your space! *



- A pan
 - 1 Cup of Baking Soda
 - 1/2 Cup Corn Starch
 - 3/4 Cup of warm water
 - Rolling pin or glass bottle to roll the dough
 - Modge Podge
 - Paint brush
 - Cookie Cutter or mason jar lid to cut circles or any shape you'd like
 - Oven set at 200 F
 - Some twine, yarn, or string if hanging our decoration
- Pressed Flowers**
- Variety of Flowers and/or leaves (Any colors you'd like)
 - Parchment paper/ Coffee Filters/thin cardboard or another absorbent material
 - Microwave
 - Plate

**This Make-It Monday requires an iron, stove, and/or oven. Please use caution when handling hot objects.*



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Questions? Contact us at jcarter@girlscoutsww.org or 1(800) 541-9852



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Let's Get Started!

How to press flowers (quickly)

1. Put your flowers face down between the parchment paper.
2. Place your flowers and parchment paper in the microwave and put the plate* on top (*make sure it is a microwave safe plate*).
3. Turn the microwave on low for about 30 seconds to a minute. You can repeat this process until your desired dryness

**Be aware that your plate may be warm and before grabbing it, double check how hot it is, or use a towel or oven-mit to be safe.*

Two other ways to press flowers (longer wait time)

- Press your flowers between a book with parchment paper. This takes about 10-14 days.
- Use an iron on low, no steam, with flowers between parchment paper and iron for a few minutes. Let the flower dry overnight.

Put your flowers aside while you make your white clay mixture.

White Clay Base

1. Mix your ingredients in the pan and stir in the warm water.
2. Mix over medium heat and keep stirring. It should start to bubble and pull away from the sides of the pan.
3. When it resembles soft play dough consistency, take it off the stove and let it cool for a few minutes (you want to be able to handle it).
4. Turn it out onto the counter and knead it for a couple minutes to make it nice and soft. It should be pliable and look like white play dough.
5. Roll it out to a desired thickness (ideally half an inch or so). Now, decide the shape you would like...circle, square, large, small, and make it unique for you. Make sure there is enough space for your flowers. If you want to hang it, make a small hole in it before baking it.
6. Put your dough in the oven at 200 F for about an hour. You can also let them dry overnight. The length of dry time depends on the thickness or size of your shape. Just keep checking on it.



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Continued

Making your Decoration....

1. You have your pressed flowers and your clay, now lets put those together to make a decoration.
2. Paint on a layer of modge podge onto your clay.
3. Then arrange your pressed flowers onto it in a way that looks just right to you.
4. Carefully put more modge podge over the flowers in even strokes.
5. Allow it to fully dry.

If you have a hole to hang it, make sure to not let the modge podge clog that up.

- Find a special place to put your decoration. You could also give it as a gift.
- If you are choosing to hang it, put your string through the hole and find a place to enjoy your creation.

