Social Identity Wheel

Ethnicity

Socio-Economic Status

Race

Gender

Religious or Spiritual Affiliation

Fill in various social identities (such as race, gender, sex, ability, disability, sexual orientation, etc.) and further categorize those identities based upon which matter most in your self-perception and which matter most in others' perception of you.

1. Identities you think about most often.
2. Identities you think about least often.
3. Your own identities you would like to learn more about
4. Identities that have the strongest effect on how you perceive yourself.
5. Identities that have the greatest effect on how others perceive you.

Age

Sex

Physical, Emotional, Developmental (Dis)Ability)

Sexual Orientation

First Language

National Origin