

Reflection Questions for Group Work

These are examples of Reflection Questions that address group work.

BASIC

- How did your group work as a team?
- What positive words did you use with each other?
- What do you need to improve on?
- How did you help your team?
- What did you like about this activity?

ADVANCED

- What did you just do together?
- How did you feel while you did the activity?
- What was one of the challenges of doing this activity?
- What did the group have to do or believe to be successful?
- What was one positive thing that happened during the activity?
- How can you apply what you just learned to other activities, life?
- How did you feel when you first saw the activity?
- What surprised you about this activity?
- How did it feel working with partners that you did not choose?
- What is one benefit of working with partners that you do not choose?
- How do you adjust to work together?
- How do you work to keep improving your work with others?
- What changes would you make in how you communicated?

IF THE GROUP SUCCEEDED

- How did you accomplish your objective?

IF THE GROUP WAS UNABLE TO FINISH THE TASK IN THE ALLOTTED TIME

- Since you were not able to accomplish your objective, does it mean your group is a failure?
- What do you think you would have needed to succeed?
- What would you do differently next time?
- When do you feel like you are going with the flow or working well with others?
- When do you not feel like you are really going with the flow and working well with others?

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SUMMARY

How do you feel now?

What advice would you give to another group working on this activity?

What would you do differently next time?

What did a fellow team member do that was really helpful?

- What did you do that was helpful to the process?
- Did you try different ideas? If so, why did you change your approach?
- What did you like about how you cared for each other during this activity?
- What was one positive thing that happened during the activity?
- What was one good idea that someone on your team suggested?
- What did you think when you first heard the instructions?
- Did the group have a clear action plan?

TEAMWORK

We can go through life trying to avoid the obstacles, but it is easier when we have help.

Where do you get help in real life? Are you effective at asking for help? Are you good at accepting help? How do you know? Are you good at giving help? How do you know?

Who received help from others during the activity? Who gave help? Who did you trust to give you information and advice during this activity? Did anyone receive advice that led them to make an incorrect move? How do you know whom to trust in the real world?

What criteria do you have to trust someone?

ADDRESSING MISTAKES

Who made a mistake during this activity?

Everyone will make a mistake at some point during an activity. When everyone acknowledges that they all made mistakes, point out that they were still able to solve the challenge (if in fact they were able to). Then ask the group to tell whether mistakes are “good” or “bad.”